



## Live long and healthy

How to extend your health with Dr Sharyn Fitzgerald

Tuesday 26 July – 2.00pm AEST

Visit this site that is for a major project that Sharyn was working on. <https://aspree.org/aus/>  
What do these terms mean in a trial or experiment?

- Randomised

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- Double blind

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- Placebo-controlled trial

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Find the page for Clinicians.

What was listed as the main objective of the first study?

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What did they find? Do you think this is what they expected to find? Why?

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What is the objective of the next phase of the study?

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Read this page about Aspirin and it's uses. <https://adf.org.au/drug-facts/aspirin/>

From it's regular use and effects, why do you think it was chosen to be used in Sharyn's study?

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